



Erika Dworkin - Owner
Board Certified in Holistic Nutrition®



Michael Dworkin, PD, CCN - Founder
CT Certified Clinical Nutritionist
Registered Pharmacist
1928 - 2017



Nutrition Specialists
Trusted Since 1956

Manchester Parkade Health Shoppe
860.646.8178
378 Middle Turnpike West
Manchester, CT 06040
www.cthealthshop.com
Mon-Sat 8am-9pm/Sun 9am-6pm

LOYALTY CARD

20% Off Non-Sale VITAMINS
10% Off Non-Sale BODY CARE
5% Off Non-Sale FOOD
Plus Earn Rewards Points!

Spend \$30 = 1 point = \$1 off future purchases
\$5 Lifetime Membership. See store for details.

EVERYDAY VITAMIN SAVINGS

20% OFF

Solgar - Country Life - Solaray - KAL
Twinlab - Nature's Way - Nature's Plus
Kyolic - Enzymatic Therapy - Store Brand
20% OFF Life Extension w/ Loyalty Card

\$3 OFF

ANY PURCHASE*
(Minimum \$60 Purchase)

*May combine with Loyalty Card discounts except on flash sale days. One coupon per person per family per purchase per day.

PHS reserves the right to reject any coupon.
Expires: **07/31/18** Emp Initials _____

JULY 2018 SALE - SAVE OVER \$300 - EZ In/EZ Out

PARKADE HEALTH BRAND
VITAMIN D3 - 1000 IU
SUPER SALE

Customer/Owner Favorite
Skin/Heart/Blood Pressure
Bones/Brain/Immunity

NO GMOs

180 GELS
003659



\$7.99

Save \$6.00/3.20
Reg \$13.99/11.19

PARKADE HEALTH BRAND
ULTRA OMEGA-3 FISH OIL
SUPER SALE

Customer/Owner Favorite
Cardiovascular Health/Brain

NO GMOs

180 GELS
016628



\$39.59

Save \$21.09/9.00
Reg \$60.68/48.59

PARKADE HEALTH BRAND
MEGA TWO DAILY
SUPER SALE

Customer/Owner Favorite
Blood Sugar Control/Energy
Whole Body Wellness

NO GMOs

180CAPS
102111



\$30.59

Save \$15.16/6.00
Reg \$45.75/36.59

PARKADE HEALTH BRAND
SUPER PRIMROSE OIL 1300MG
SUPER SALE

Customer/Owner Favorite
Cardiovascular Health
Female Hormone Balance

NO GMOs

120 GELS
101757



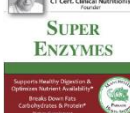
\$19.89

Save \$15.46/8.40
Reg \$35.35/28.29

PARKADE HEALTH BRAND
SUPER ENZYMES
SUPER SALE

Customer/Owner Favorite
Superior Digestive Support
With Ox Bile

180 TABS
029628



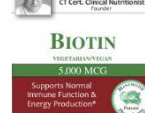
\$34.99

Save \$16.36/6.10
Reg \$51.35/41.09

PARKADE HEALTH BRAND
BIOTIN - 5000 MCG
SUPER SALE

Customer Favorite
Hair/Skin/Nails Health
& Growth

60 VEGCAPS
004717



\$7.89

Save \$7.46/4.40
Reg \$15.35/12.29

SOLARAY
MYCROBIOME PROBIOTICS

UP TO 24 STRAINS
30B/50B/100B - MEN'S/WOMEN'S
SUPER SALE - Staff Favorite

30 VEG CAPS
693034,737202,962543
403213,488265,669671



35% OFF

Save Up To \$22.96/9.56
Reg Up To \$63.59/50.89

KAL
ASTAXANTHIN 10MG
SUPER SALE

Blood Sugar/Blood Pressure
Vision/Healthy Aging

30 TABS
611608



\$24.99

Save \$18.00/9.40
Reg \$42.99/34.39

XLEAR
XYLITOL/SALINE NASAL SPRAY
Customer/Owner Favorite
Antibacterial
Cleans/Soothes/Protects

1.5 FL OZ
000001



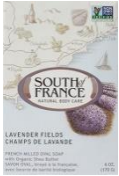
\$10.99

Save \$1.50
Reg \$12.49

NATURAL BODY CARE & HEALTHY FREEZER/CUPBOARD SPECIALS

SOUTH OF FRANCE

FRENCH MILLED
OVAL BAR SOAP
Customer Favorite
Moisturizing
All Vegetable Soap



6 OZ
200093,200109,200130
200185,200253,200383

\$3.29

Save \$1.30
Reg \$4.59

LILY OF THE DESERT

ALOE VERY GELLY
Owner Favorite
Superior Sunburn Healer
Soothing Moisturizer



12 OZ
000128

\$6.89

Save \$2.80
Reg \$9.69

GODDESS GARDEN

ORGANICS
VEGAN SUNSCREENS
Customer/Staff Favorite
NO GMOs/Alcohol
Oxybenzone/Parabens



3-6 OZ
001413,001512,001604
001659,001666

15% OFF

Save \$2.20-\$3.30

NATURE'S GATE

VEGAN TOOTHPASTE
ADULTS & KIDS
NO GMOs/Carrageenan/Soy
Flouride/Parabens/Sulfates



6 OZ
001523,001554,031070

\$4.79

Save \$1.40
Reg \$6.19

DESERT ESSENCE

ORGANICS
HAND & BODY LOTION
Owner Favorite
NO Parabens/Gluten



8 OZ
337418,337449,337531
337456,337739,337432

\$6.79

Save \$2.20
Reg \$8.99

EARTH SCIENCE

VEGAN
SHAMPOO/CONDITIONER
Customer Favorite
For Sensitive Scalp/Hair
NO Fragrance/Parabens



12 OZ
174002,174408

\$6.69

Save \$2.30
Reg \$8.99

BUBBIES

OLD WORLD SAUERKRAUT
Customer Favorite
NO GMOs/Gluten/Vinegar/
Preservatives



25 OZ
857477

\$7.79

Save \$1.20
Reg \$8.99

TRUE MADE FOODS

PALEO/VEGAN
VEGETABLE KETCHUP
With Tomatoes/Carrots
Butternut Squash/Spinach
50% Less Sugar
NO Gluten/GMOs
High Fructose Corn Syrup



17 OZ
004338

\$4.99

Save \$1.10
Reg \$6.09

JACKSON'S HONEST

COCONUT OIL POTATO CHIPS
NEW!
Staff Favorite
NO GMOs/Gluten/Guilt



5 OZ
004233,004332

\$3.59

Save \$.80-\$1.10
Reg \$4.39-\$4.69

ORGANIC SUNSHINE

VEGAN BURGERS
Customer Favorite
NO GMOs/Gluten/Soy
Original - BBQ - Southwest



8 OZ
031035,000239,000130

\$5.39

Save \$.80-\$1.10
Reg \$6.19-\$6.49

FIELD ROAST

ARTISAN VEGAN SAUSAGE
Customer Favorite
Great for Grilling!
Grain Meat & Veggie Sausages



12.9 OZ
612178,612154,612161

\$5.89

Save \$1.10
Reg \$6.99

UDI'S

GLUTEN FREE BUNS
HAMBURGER/HOTDOG
Great for Cookouts!
NO Dairy/Soy/Nuts
Soft & Delicious!



10.4-12.9 OZ
809326,809135,809845

\$5.09

Save \$1.00-\$1.30
Reg \$6.09-\$6.39